



Counseling Classes

The Counseling Department offers several Counseling classes to help students achieve success in school and in life.

These courses, taught by Counseling Faculty, include:

COUN 10: Career Planning (1 unit)

This course is designed to help the student approach career decisions in a systematic way. A variety of techniques are used to assess individual characteristics and relate these to occupational information. At times, sections may be offered which emphasize particular types of situations such as the person making initial career decisions, mid-life career changes, and minority programs. (*Formerly CG 1*)

COUN101A: Orientation to College

This course is designed to introduce first-time college students to services offered at Cerritos College; the history and mission of the system of higher education in California; policies and procedures that affect students at Cerritos College; and educational planning, including major and general education requirements and course sequencing. As part of the course, students may tour the Cerritos College campus, acquainting themselves with the location and function of various offices and service providers. Each student will produce a short term educational plan specific to his or her educational goal. This course is offered on a pass/no pass basis only.

Transfer Credit: CSU

COUN 101B: Educational Planning

This course is designed to broaden continuing students' understanding of the history and mission of system of higher education in California, with particular emphasis on the role of the community college; policies and procedures that affect students at Cerritos College; and long-term educational planning including basic transfer requirements for the California State University and the University of California systems. Each student will produce a long-term educational plan specific to his or her educational goal. This course is offered on a pass/no pass basis only.

Transfer Credit: CSU

COUN 101C: Navigating the Transfer Process

This course provides an introduction to the transfer process for those students who plan to transfer to a college or university to complete a baccalaureate degree. Topics include the value of pursuing higher education, selection of a transfer institution, transfer requirements, admission procedures, and requirements for majors. This course is offered on a pass/no pass basis only.

Transfer Credit: CSU

COUN 150: Dynamics of Leadership (3 units)

This course is designed for students who wish to develop a deeper understanding and appreciation of the theories, principles, and techniques of leadership in a college or community-based organization. It includes the study and practical application of group and individual leadership techniques. It is designed to improve awareness of group dynamics, listening skills, personal values, decision making, problem solving, and organizational development. It emphasizes critical analysis of leaders in the news, history, film, and/ or literature. (Formerly CG 150) *Transfer Credit: CSU*

COUN 200: Success in College and Career (3 units)

This course will provide students with knowledge, information and skills to better understand themselves as students, people, and members of the working world. It will assist them to establish life, career, educational, and personal goals and to develop plans and strategies to successfully meet those goals. (Formerly CG 200) *Transfer Credit: CSU*

COUN 298: Directed Studies (1 unit)

A course to provide opportunity for individual research and field projects under the direction of a faculty member in a given department. With the guidance of the faculty member, students prepare and carry out a written learning agreement describing the purposes and outcomes of the project. Students should expect to meet with the supervising faculty member one to two hours each week for conferences. Credit is based upon the number of hours in the semester expected to complete the project (1 unit for 54 hours). For selected disciplines, UC transfer credit may be possible after admission to a UC campus, pending review for appropriate course materials by UC staff. See a counselor for an explanation. (Formerly CG 298) *Transfer Credit: CSU*

COUN 299: Directed Studies (2 units)

A course to provide opportunity for individual research and field projects under the direction of a faculty member in a given department. With the guidance of the faculty member, students prepare and carry out a written learning agreement describing the purposes and outcomes of the project. Student should expect to meet with the supervising faculty member one to two hours each week for conferences. Credit is based upon the number of hours in the semester expected to complete the project (2 units for 108 hours). For selected disciplines, UC transfer credit may be possible after admission to a UC campus, pending review of appropriate course materials by UC staff. See a counselor for an explanation. (Formerly CG 299) *Transfer Credit: CSU*