

Cerritos College Library

In the Wilford Michael Library & Learning Resource Center

CHILDREN'S NUTRITION, HEALTH AND SAFETY

Getting Background Information on Your Topic

Within the guidelines of the assignment given to you by your instructor, select a topic of interest to you. Once you have selected a topic for your paper, use the general reference books available in the library to get background information on your topic. Reference books such as the encyclopedias, dictionaries, and handbooks listed below are a good starting point for your research because they help you become better acquainted with your topic. The *GaleNet Databases*, *RAND California*, and *Facts.com* are online resources that also provide useful background and statistical information.

Reference Books

Encyclopedia of Children's Health and Wellness

REFERENCE RJ45 .T9465 2004

Gale Encyclopedia of Childhood and Adolescence

REFERENCE HQ772 G27 1997

Weight in America: obesity, eating disorders, and other health risks

Ebook

Gale Encyclopedia of Children's Health

REFERENCE RJ26 .G35 2005

Encyclopedia of Family Health

REFERENCE RC81 A2 E5 2005

Human Diseases and Conditions

REFERENCE RC81 A2 H75 2000

Encyclopedia of Family Life

REFERENCE HQ534 E53 1999

Handbook of Pediatric and Adolescent Obesity Treatment

Ebook

Childhood Diseases and Disorders Sourcebook

REFERENCE RJ61 .C5427 2009

Breastfeeding Sourcebook

REFERENCE RJ216 .B7798 2002

Current Pediatric Diagnosis & Treatment

REFERENCE RJ1 K45 - 2003

Handbook of Developmental Disabilities

REFERENCE RJ138 H335 1996

Children's Health, the Nation's Wealth: Assessing and Improving Child Health

Ebook

Can Diets Be Harmful?

REFDESK RM222.2 .C2754 2007

Inheriting the world: the atlas of children's health and the environment

Ebook

Food

REFDESK TX360 .U6 F62 2008

Getting More Information on Your Topic

Once you have done your background research you will be ready to conduct more comprehensive research using books, journals, magazines, newspapers, and the Internet.

CHILDREN'S NUTRITION, HEALTH AND SAFETY

Books

Books can provide a broad overview of a topic or in-depth information. Use the **Library Catalog** located on the Cerritos College **Library Home Page** to find books on your topic that are available in the Cerritos College Library. Listed below are some *Library of Congress Subject Headings* used in the online catalog for books relating to **children's nutrition, health and safety**. Use these terms to *Search by Subject*. Remember, this list is by no means conclusive.

Selected Subject Headings:

Child care	Child development	Children – health and hygiene
Children – nutrition	Children's accidents – prevention	Exercise for children
Infants	Overweight children	Physical education for children

You can also do a *Keyword* search to find books on your topic. If you find one book that is useful to your research, click on the *Subject* links to see others on the same subject. Two general call numbers for books relating to **children's nutrition, health and safety** are **GV443** and **RJ**.

Magazine, Journal and Newspaper Articles

Journals and magazines usually provide the most current information on a topic. Journal articles are more scholarly or professional while magazine articles tend to be shorter and more general. Newspaper articles, while not usually scholarly or professional, can give you the most current news and some additional facts on your topic.

To find articles on your topic, use one of the online databases listed below. These databases usually provide full-text articles on almost every topic. They are available via the **Database Page**. Conduct your search in these databases by using subject headings and keywords similar to those you used to locate books.

Online Databases

http://library.cerritos.edu/internet_resources.html

EBSCOHOST
NewsBank
Gender Watch
Ethnic News Watch
RAND California
Facts on File
Issues & Controversies
Proquest Newspapers

Print Indexes

Shelved In Reference Section

Readers' Guide
Education Index
New York Times Index
Los Angeles Times Index

Internet Sites

National Network for Child Care

<http://www.nncc.org>

USDA/ARS Children's Nutrition Research Center at Baylor College of Medicine

<http://www.bcm.tmc.edu/cnrc/consumer/archives/factsanswers.html>

CHILDREN'S NUTRITION, HEALTH AND SAFETY

KidsHealth

<http://kidshealth.org/parent/>

California Department of Health Services

<http://www.dhs.ca.gov/>

NetDoctor

<http://netdoctor.co.uk/children/#health>

Online California Code of Regulations, Title 22

http://www.dss.cahwnet.gov/ord/CCRTitle22_715.htm

American Academy of Pediatrics

<http://www.aap.org/>