

Cerritos College Library

In the Wilford Michael Library & Learning Resource Center

CONTEMPORARY HEALTH PROBLEMS

Your search for information on contemporary health problems and chronic diseases can include books, periodical articles, online databases, and authoritative Internet resources.

Books

Use the [Library Catalog](#) located on the Cerritos College [Library Home Page](#) to find books on your topic that are available in the Cerritos College Library. The general call number for books on all aspects of diseases and chronic illnesses is RC. More specific call numbers for your topics may be found by searching the online catalog. Try the following Library of Congress Subject Headings but remember this list is by no means conclusive. There are many more subject headings for specific diseases in the online catalog.

Chronic Diseases	Allergy	Diabetes	AIDS
Pregnancy	Arthritis	Eating disorders	Substance abuse
Diseases	Asthma	Epilepsy	Mental Health
Disabled	Cardiovascular Diseases	Genetic disorders	Alternative medicine
Handicapped	Chronic pain	Hypertension	Communicable diseases

Selected Reference Books

Listed below are reference books that may be useful in your research.

Allergies Sourcebook

REF RC584 .A3443 2007

Cardiovascular Diseases and Disorders Sourcebook

REF RC672 .C35 2005

Diabetes Sourcebook

REF RC660.4 .D56 2008

Eating Disorders Sourcebook

REF RC552 .E18 E287 2007

The Gale Encyclopedia of Genetic Disorders

REF RB155.5 .G35 2005

Health and Wellness: Illness Among Americans

Electronic Resource 2009

Arthritis Sourcebook

REF RC933 .A665257 2004

Congenital Disorders Sourcebook

REF RG626 .C597 2007

Diseases and Disorders

REF RC41 .D57 2007

The Encyclopedia of Obesity

REF RC628 .E53 2008

Gale Encyclopedia of Medicine

Electronic Resource 2006

Mosby's Handbook of Diseases

REF RT65 .L37 2005

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Newspaper and Magazine Articles

Journals and magazines usually provide the most current information on a topic. Journal articles are more scholarly or professional while magazine articles tend to be shorter and more general. Newspaper articles, while not usually scholarly or professional, can give you the most current news and some additional facts on your topic. To find articles on your topic, use one of the indexes listed below and use subject headings or key words similar to those used to locate books. Print indexes must be used to find older articles, generally anything published before 1985.

For remote access to the library databases, login to the **Library** using your Cerritos College ID number.

See the **Database Page** or handout for a complete description of the Cerritos College Library online resources.

EBSCOHost
Facts on File
Gender Watch
Proquest Newspapers

Ethnic News Watch
Gale Databases
NewsBank
HealthSource

Print Indexes – Located in Reference, against the wall

Cumulative Index to Nursing & Allied Health Literature **General Science Index**
Readers' Guide to Periodical Literature

The Library has several journals that focus on Diseases:

JAMA: Journal of the American Medical Association
New England Journal of Medicine

Internet Sites

The Internet can be a valuable source for supplementing the information you have gathered from books and periodicals. It is important that you evaluate the information you get from the Internet to determine if it is reliable and useful to your research. A few Internet sites that may be useful are listed here

National Center for Chronic Disease Prevention and Health Promotion http://www.cdc.gov/nccdphp	Medline Plus http://www.nlm.nih.gov/medlineplus	Complementary and Alternative Medicine http://www.noah-health.org/en/alternative
National Eating Disorders http://www.nationaleatingdisorders.org/index.php	American Heart Association http://www.heart.org/HEARTORG/	Pregnancy http://www.noah-health.org/en/pregnancy
AAAAI American Academy of Allergy Asthma and Immunology http://www.aaaai.org/	Epilepsy and seizure information http://www.epilepsy.com	American Psychiatric Association (APA): Public Information http://HealthyMinds.org
American Diabetes Association http://www.diabetes.org/	NINDS Chronic Pain Information Page http://www.ninds.nih.gov/disorders/chronic_pain/chronic_pain.htm	NIH: Health Information http://health.nih.gov/