

# Cerritos College Library

In the Wilford Michael Library & Learning Resource Center

---

## DREAMS AND DREAMING

Your search for information on **dreams and dreaming** can include books, periodicals, online databases, and authoritative Internet resources.

### Books

Use the **Library Catalog** located on the Cerritos College **Library Home Page** to find books on your topic that are available in the Cerritos College Library. Books can provide a broad overview of a topic or in-depth information. You can search for books by *Author, Title, Subject, or Keyword*.

Listed below are some *Library of Congress Subject Headings* used in the catalog for books relating to **Dreams**. Use these terms to *Search by Subject*. Remember, this list is by no means conclusive.

**Dream Interpretation**

**Dreams**

### Selected Reference Books

Reference books are a good starting point for your research because they help you become better acquainted with your topic. Listed below are some reference books that may be useful in your research.

**The Complete Book of Dreams & Dreaming**  
REF BF1091 .B255 2008

**The Dream Encyclopedia**  
REF BF1091 .L53 1995

**The Complete Illustrated Encyclopedia of Symbols, Signs & Dream Interpretation**  
REF P99 .O23 2007

**The Corsini Encyclopedia of Psychology and Behavioral Science**  
REF BF31 .E52 2001

**10,000 Dreams Interpreted: A Dictionary of Dreams**  
REF BF1091 .M6 2007

**20,000 Dreams: Discover the Real Meaning of your Dream Life**  
REF BF1091 .S817 2006

**The Encyclopedia of Fantasy**  
REF PN3435 .E53 1997

**Encyclopedia of Psychology**  
REF BF31 .E525 2000

**Gale Encyclopedia of Psychology**  
REF BF31 .G35 1996

Listed below are some circulating books that may be useful in your research. There are more books listed in the Online Catalog.

**Among All These Dreamers: Essays on Dreaming and Modern Society**  
South Stacks BF1078 .A56 1996

**Dream-Singers: The African American Way With Dreams**  
South Stacks BF1078 .S44

**The Art of Dreaming**  
South Stacks BF1091 .C34 1994

**Dreams in Myth, Medicine, and Movies**  
South Stacks BF1078 .P28 2002

## DREAMS AND DREAMING

### **Dreams 1900-2000: Science, Art, and the Unconscious Mind**

North Stacks – Oversize BF1078 .D729 2000

### **What's in a Dream: 10,000 Dreams Interpreted**

South Stacks BF1091 .M54 1996

### **Symbols of Transformation in Dreams**

South Stacks BF1078 .C55 1984

### **An Introduction to the Psychology of Dreaming**

South Stacks BF1078 .B78 1997

### **Seeing in the Dark: Reflections on Dreams and Dreaming**

South Stacks BF1078 .S675 1997

### **Private Myths: Dreams and Dreaming**

South Stacks BF1091 .S724 1995

## Online Journal and Reference Articles

Journal and magazines usually provide the most current information on a topic. Journal articles are more scholarly or professional while magazine articles tend to be shorter and more general. Newspaper articles, while not usually scholarly or professional, can give you the most current news and some additional facts on your topic.

To find articles on your topic, use one of the online databases listed below. These databases usually provide full-text articles on almost every topic. They are available via the [Library Home Page](#). Conduct your search in these databases by using subject headings and keywords similar to those you used to locate books.

***EBSCOhost***  
***Discovering Collection***  
***NewsBank***

***Ethnic News Watch***  
***Gender Watch***  
***Proquest Newspapers***

For remote access to the library databases, login to the [Library](#) using your Cerritos College ID number.

See the [Database Page](#) or handout for a complete description of the Cerritos College Library online resources.

For historical research, the Library also has print indexes that must be used to find older articles, generally anything published before 1985.

## Internet Sites

The Internet can be a valuable source for supplementing the information you have gathered from books and periodicals. It is important that you evaluate the information you get from the Internet to determine if it is reliable and useful to your research. A few Internet sites that may be useful are listed here.

### **Dream Moods**

<http://www.dreammoods.com>

### **Dreams**

<http://www.stanford.edu/~dement/dreams.html>

### **The DREAMS Foundation**

<http://www.dreams.ca>

## DREAMS AND DREAMING

### **Encyclopedia of Psychology**

<http://www.psychology.org>

### **The Quantitative Study of Dreams**

<http://psych.ucsc.edu/dreams>