

Cerritos College Library

In the Wilford Michael Library & Learning Resource Center

HEALTH AND ILLNESS

Your search for information on **Health** and **Illness** can include books, periodical articles, online databases, and authoritative Internet resources.

Books

Use the **Library Catalog** located on the Cerritos College **Library Home Page** to find books on your topic that are available in the Cerritos College Library. You can search for books by author, title, subject, or keyword. Listed below are some *Library of Congress Subject Headings* used in the online catalog for books relating to health and minorities. Remember, this list is by no means conclusive.

Examples of Subject searches:

Cancer
Health

HIV infections
Nutrition

Pregnancy
Exercise

Selected Reference Books

Reference books are a good starting point for your research because they help you become better acquainted with your topic. Listed below are some reference books that may be useful in your research.

Alternative Medicine
REFDESK R733 .A4585 2008

Mosby's handbook of diseases
REF RT65 .L37 2005

Gale encyclopedia of medicine
REF RC41 .G35 2006

AIDS Sourcebook
REF RC606.64 .A337 2007

Human diseases and conditions
REF RC81.A2 H75 2000

Adult health concerns sourcebook
REF RC82 .A38 2008

Breastfeeding sourcebook
REF RJ216 .B7798 2002

Dental care and oral health sourcebook
REF RK61 .O66 2003

Healthy children sourcebook
REF RJ61 .H36 2003

Eye care sourcebook
REF RE51 .O64 2008

Finding Magazine, Journal, and Newspaper Articles

Journal and magazines usually provide the most current information on a topic. Journal articles are more scholarly or professional while magazine articles tend to be shorter and more general. Newspaper articles, while not usually scholarly or professional, can give you the most current news and some additional facts on your topic.

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To find articles on your topic, use one of the online databases listed below. These databases usually provide full-text articles on almost every topic. They are available via the [Library Home Page](#). Conduct your search in these databases by using subject headings and keywords similar to those you used to locate books.

Online Databases for Health and Illness:

EBSCOhost
Ethnic News Watch
Gale Databases
HealthSource

NewsBank
Gender Watch
Facts.com
Salem Health

For remote access to the library databases, login to the [Library](#) using your Cerritos College ID number.

See the [Database Page](#) or handout for a complete description of the Cerritos College Library online resources.

For historical research, the Library also has print indexes that must be used to find older articles, generally anything published before 1985.

Internet Sites

The Internet can be a valuable source for supplementing the information you have gathered from books and periodicals. It is important that you evaluate the information you get from the Internet to determine if it is reliable and useful to your research. A few Internet sites that may be useful are listed here.

Medline plus Health information

<http://www.nlm.nih.gov/medlineplus/>

PubMed

<http://www.ncbi.nlm.nih.gov/entrez/query.fcgi>

Healthfinder

<http://www.healthfinder.gov/>

State Health Facts Online

<http://www.statehealthfacts.kff.org>