Join the Race to Restock our Student Health Center Food Bank!

The Student Health Center Food Bank was established in 2013 to help feed Cerritos College students in need. Join the race to fill the Food Bank to help our students stay healthy and in school. Visit http://cms.cerritos.edu/foodproject/ for more details about the Food Bank.

**HIGH DEMAND ITEMS**
- OATMEAL PACKETS
- CEREAL
- GRANOLA BARS
- CEREAL BARS
- RICE
- BEANS
- PASTAS
- SAUCES
- CANNED FRUITS
- CANNED VEGETABLES
- FRUIT CUPS
- PEANUT BUTTER
- JELLY
- CANNED TUNA
- CANNED CHICKEN
- CANNED STEW
- CANNED RAVIOLI
- CANNED BEANS
- CUP O NOODLES
- CHICKEN NOODLE SOUPS
- VEGETABLE SOUPS
- PITA CHIPS
- CRACKERS (INDIVIDUALLY PACKAGED)
- MAC & CHEESE (ADD WATER ONLY)

Highlighted items in short supply

Please check that items are not expired before donating. Thank You!

**PARTICIPATE**
- Email Carrie Edwards, cedwards@cerritos.edu with the name of your group, division, department or club. Include a contact person and the location for your food box.
- Collect food items in the box provided
- Email Erica Mclennan, emclennan@cerritos.edu to schedule pick-up of your full boxes
- Share your experience on Facebook and Twitter using #ccfoodproject

**THE GROUP COLLECTING THE MOST ITEMS WINS!**

**PRIZES**
- Pizza Party for most food items collected between April 11—May 6 and possession of “winners” trophy for a year.

ALL NON-PERSHABLE ITEMS ACCEPTED. Items that do NOT require a can opener are appreciated